

## BABÀ MADE IN SUD



MODERN CAKE CHARACTERIZED BY THE SOFT TEXTURE OF THE BABÀ AS AN INSERT

DIFFICULTY LEVEL



### BABA' WITH LIMONCELLO

#### INGREDIENTS

DOLCE FORNO MAESTRO  
MANITOBA FLOUR  
FRESH YEAST  
SALT  
EGGS  
UNSALTED BUTTER 82% FAT

g 500  
g 500  
g 20  
g 15  
g 1050  
g 270

#### PREPARATION

In a planetary mixer with hook, mix DOLCE FORNO MAESTRO, flour, salt, yeast and only 600 grams of cold eggs.

Knead at speed 2 for about 10 minutes until a good gluten mesh is formed (do not exceed 23°C)

Continue adding the remaining eggs little by little until completely absorbed, you will obtain a very soft but elastic dough.

Finally add the butter with a soft consistency in two or three times.

Let the dough rise in a proofer at 28-30°C for about 1 hour and in any case until it reaches doubled in volume.

Mix again in the planetary mixer with hook for another 4-5 minutes.

Dress the dough into rings with a diameter of 16cm and a height of 4cm, with the separating agent and flour, in non-perforated baking trays with parchment paper

Let the dough rise in a proofer at 28°C for about 1 hour.

Bake in a fan oven at 170°C for about 18 minutes.

Once out of the oven, remove the babà from the moulds, cool, cut and soak with the limoncello syrup.

## NON-ALCOHOLIC WITH SYRUP LIMONCELLO

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### INGREDIENTS

WATER  
SUGAR  
PROFUMI D'ITALIA LIMONCELLO DI SORRENTO

g 250  
g 250  
g 100

### PREPARATION

heat water and sugar  
add perfumes of italy limoncello  
cool and soak the babà disc  
temperature drop

## CRUNCHY CARAMEL LAYER

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### INGREDIENTS

PRALIN DELICRISP CARAMEL FLEUR DE SEL

To Taste

### PREPARATION

spread a thin layer of pralin delicrisp caramel fleur de sel at 2mm, cool and cup a disc of 16cm in diameter  
lay on the baba

## SHORTCRUST PASTRY

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### INGREDIENTS

TOP FROLLA  
UNSALTED BUTTER 82% FAT  
EGGS

g 1000  
g 400  
g 100

### PREPARATION

Mix all the ingredients together, spread to a height of 3mm, let it rest in the refrigerator and once you have cupped a ring with a diameter of 18cm, cook at 170 degrees for 12 minutes.

## CREAMY PISTACHIO

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### INGREDIENTS

LIQUID CREAM	g 400
GRATED LEMON ZEST	1
SUGAR	g 30
EGG YOLK	g 67
LILLY NEUTRO	g 37
JOYPASTE PISTACCHIO PURA	g 75
SALT	g 1,5

### PREPARATION

Boil the cream and in a separate container, mix the yolk and sugar with a whisk.

Pour over the hot cream and bring to 82-84°C, remembering to stir the mass often to prevent the cream from coagulating.

Insert the LILLY NEUTRAL and mix with a whisk, then insert the JOYPASTE PISTACHIO 100%, salt and lemon zest, emulsify with an immersion mixer.

Place in silicone molds for the top.

## CARAMEL MOUSSE

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### INGREDIENTS

SINFONIA CARAMEL ORO	g 200
LIQUID CREAM	g 40
WATER	g 60
LIQUID CREAM	g 240
LILLY NEUTRO	g 50
WATER	g 50

### PREPARATION

Melt the chocolate at 45°C.

-Cool the liquids (1) to about 20°C

-Add the chocolate and mix well with a whisk or immersion mixer creating a fluid ganache.

- Separately whip the cream (2) with LILLY NEUTRO and water (2).

- Add the cream to the ganache (which should have a temperature of 25-30°C) in two batches and mix delicately with a whisk or rubber spatula depending on the consistency you want to obtain.

N.B. - it is possible to add salt in the recipe (about 0.2%) to enhance the taste of the caramel.

## PISTACHIO GLAZE

### INGREDIENTS

WATER  
GELATIN POWDER OR SHEETS 200 BLOOM  
WATER  
SUGAR  
GLUCOSIO  
SKIM CONDENSED MILK  
SINFONIA CIOCCOLATO BIANCO  
JOYPASTE PISTACCHIO VERDE

### PREPARATION

g 132 Bring water, sugar and glucose to 103 degrees.  
g 22 Add the rehydrated gelatin with the corresponding water, the pistachio paste, the condensed milk  
g 150 and the chocolate  
g 300 Cool overnight  
g 300 glaze at 37/38 degrees  
g 200  
g 250  
g 68

### FINAL COMPOSITION

Once the babà disc has been wetted with the limoncello syrup and frozen together with the pralin delicrisp caramel fleur de sel disc, place the insert inside the silicone mold previously filled 3/4 with the caramel mousse.

drop in temperature

frost the cake at -20 degrees with the frosting at 37 degrees, place it on the pastry disk, and put the creamy pistachio top sprinkled with green cocoa butter on the top.



**RECIPE CREATED FOR YOU BY DAVIDE LISTA**

PASTRY CHEF