

CROISSANT DOUGH

irca group

INGREDIENTS		PREPARATION
DOLCE FORNO MAESTRO	g 3000	Use a double arm mixer.
WATER	g 400	Knead all the ingredients (except for the softened butter and the butter-platte) for about 20
MILK 3.5% FAT	g 300	minutes.
EGGS	g 450	Add softened butter and knead until obtaining a soft and velvet smooth dough.
SALT	g 30	Let the dough rest for 20 minutes, to let it start leaven and then place it in the blast chiller to have
YEAST	g 120	a better result during the folding.
JOYPASTE VANIGLIA MADAGASCAR/BOURBON	g 15	Laminate the dough with 1 kg of butter-platte, then make a 3-layer fold, then roll out again and
UNSALTED BUTTER 82% FAT - SOFT	g 300	make another 4-layer fold.
BUTTER-PLATTE	g 1000	
		Let the laminated dough rest in the fridge for 20 minutes, then cut it into triangles and roll them
		up to create the croissant.
		Place them onto trays and store into the proofer room for 5-6 hours at 26°C with relative humidity
		of 70%.

Bake at 170-190°C for 15-18 minutes.

MANGO CREAM		
INGREDIENTS		PREPARATION
EGGS	g 160	Mix the whole eggs with the sugar. Mix the starch with the water.

CASTER SUGARg 125CORNSTARCHg 55WATERg 100MANGO PURÉEg 540	Mix together both mixture with the blender until smooth texture. Add 400 gr of mango puree and start cooking gently until boiling point. Cook for 3 minutes to make sure the starch is completely cooked. Add the remaining defrosted puree (200 gr) mixing well. Place into a tray, cover and cool down rapidly at 4°C. Before use, take the fruit custard out of the fridge and mix until smooth consistency.
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CRUNCHY CREAM

INGREDIENTS	
CHOCOCREAM CRUNCHY TROPICAL	g 20
STEP 4	
INGREDIENTS	
COVERDECOR PISTACCHIO	g 175
CHOCOCREAM PISTACCHIO	g 75

FINAL COMPOSITION

Fill the croissants with mango cream and tropical crunchy cream.

Glaze the croissants with the pistachio frosting.

Decorate with pistachio and with Dobla's CURVY LEAF GREEN.

