



## FRUIT ICE CREAM WITH JOYLIFE FRUTTANATURA 50 VEGAN

### RECIPE TO MAKE A FRUIT ICE-CREAM

#### FRUIT ICE CREAM WITH JOYPASTE

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##### INGREDIENTS

WATER	g 1000
SUGAR	g 270
JOYLIFE FRUTTANATURA 50 VEGAN	g 50-60
JOYPASTE IN THE CHOSEN FRUIT	g 100
JOYPLUS PROSOFT	g 45-50

##### PREPARATION

- Dry mix JOYLIFE FRUTTANATURA 50 VEGAN and sugar.
- Add all other ingredients and mix them with an immersion blender.
- Let the mixture rest for about 15 minutes and then whisk.

#### STEP 2

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##### PREPARATION

##### TO MAKE YOUR FRUIT ICE CREAMS

You can make your fruit ice creams using:

- only our JOYPASTE (without using any fruit) as shown in this recipe
- our JOYPASTE with fruit pulp or puree
- only fruit, pulp or puree

Download the PDF of the recipe where you will find ingredients and balancing to make fruit ice creams for all tastes.

Discover our range of [flavouring pastes JOYPASTE](#)

**AMBASSADOR'S TIPS**

To subtract the same amount of sugar in the recipe, use fruit purée only with 10% of sugar.

# Fruit ice-creams with Joylife Fruttanatura 50 Vegan - Recipe with JOYPASTE

Fruit	Water	Milk	Sugar	Joylife Fruttanatura 50 Vegan	Joypaste	Lemon juice	Joyplus Prosoft	TOTAL WEIGHT
Apricot	1000	0	270	50	100	0	50	1470
Sour cherry	1000	0	270	50	100	0	50	1470
Pineapple	1000	0	270	50	100	0	50	1470
Watermelon	1000	0	270	50	100	0	50	1470
Orange	1000	0	270	60	100	0	45	1475
Sicily red orange	1000	0	270	60	100	0	45	1475
Banana	0	1000	230	50	100	10	20	1410
Blackcurrant	1000	0	270	50	100	0	50	1470
Strawberry	1000	0	270	50	100	0	50	1470
Wildberries	1000	0	270	50	100	0	50	1470
Kiwi	1000	0	270	50	100	0	45	1465
Raspberry	1000	0	270	50	100	0	45	1465
Lime	1000	0	270	60	100	0	50	1480
Lemon	1000	0	270	60	100	0	50	1480
Tangerine	1000	0	270	60	100	0	45	1475
Mango	1000	0	270	50	100	0	50	1470
Green apple	1000	0	270	50	100	0	50	1470
Melon	1000	0	270	50	100	0	50	1470
Blueberry	1000	0	270	50	100	0	45	1465
Blackberry	1000	0	270	50	100	0	45	1465
Passion Fruit	1000	0	270	50	100	0	45	1465
Pear	1000	0	270	50	100	0	50	1470
Peach	1000	0	270	50	100	0	50	1470
Pink grapefruit	1000	0	270	60	100	0	50	1480

# Fruit ice-creams with Joylife Fruttanatura 50 Vegan

## Recipe with JOYPASTE and fresh fruit

Fruit	Fresh fruit	Water	Milk	Sugar	Joylife Fruttanatura 50 Vegan	Joyplus Prosoft	Joypaste	Lemon juice	TOTAL WEIGHT
Apricot	400	600	0	250	50	40	50	5	1395
Sour cherry	400	600	0	260	50	45	50	0	1405
Pineapple	400	600	0	240	50	40	50	0	1380
Watermelon	1000	0	0	240	50	45	50	0	1385
Orange	550	450	0	230	60	45	50	5	1390
Sicily red orange	550	450	0	230	60	45	50	5	1390
Banana	400	300	200	200	50	35	50	10	1245
Blackcurrant	400	600	0	270	50	50	50	5	1425
Strawberry	400	600	0	250	50	45	50	5	1400
Wildberries	400	600	0	250	50	45	50	5	1400
Kiwi	400	600	0	250	50	45	50	0	1395
Raspberry	400	600	0	245	50	40	50	5	1390
Lime	300	700	0	290	60	45	50	0	1445
Lemon	300	700	0	290	60	45	50	0	1445
Tangerine	550	450	0	230	60	40	50	5	1385
Mango	400	600	0	235	50	40	50	5	1380
Green apple	400	600	0	290	50	50	50	10	1450
Melon	400	600	0	240	50	45	50	0	1385
Blueberry	400	600	0	250	50	50	50	5	1405
Blackberry	400	500	0	250	50	50	50	5	1305
Passion Fruit	400	600	0	250	50	45	50	0	1395
Pear	400	600	0	240	50	45	50	10	1395
Peach	400	600	0	250	50	50	50	5	1405
Pink grapefruit	550	450	0	245	50	45	50	5	1395

# Fruit ice-creams with Joylife Fruttanatura 50 Vegan - Recipe with only fresh fruit

Fruit	Fresh fruit	Water	Milk	Sugar	Joylife Fruttanatura 50 Vegan	Joyplus Prosoft	Lemon juice	TOTAL WEIGHT
Apricot	550	450	0	250	50	40	5	1345
Sour cherry	500	500	0	200	50	25	5	1280
Pineapple	550	450	0	230	50	40	5	1325
Watermelon	1000	0	0	270	50	40	5	1365
Orange	600	400	0	260	60	40	10	1370
Sicily red orange	600	400	0	260	60	40	10	1370
Banana	500	300	200	220	50	35	10	1315
Blackcurrant	500	500	0	275	50	45	10	1380
Strawberry	550	450	0	260	50	45	10	1365
Wildberries	500	500	0	260	50	45	10	1365
Kiwi	550	450	0	265	50	40	5	1360
Raspberry	500	500	0	260	50	35	10	1355
Lime	300	700	0	310	60	45	0	1415
Lemon	300	700	0	310	60	45	0	1415
Tangerine	550	450	0	255	60	40	10	1365
Mango	500	500	0	240	50	35	5	1330
Green apple	550	450	0	295	50	60	10	1415
Melon	650	350	0	240	50	35	5	1330
Blueberry	500	500	0	270	50	45	10	1375
Blackberry	500	500	0	280	50	40	10	1380
Passion Fruit	550	450	0	260	50	40	0	1350
Pear	550	450	0	250	50	40	10	1350
Peach	550	450	0	270	50	45	10	1375
Pink grapefruit	600	400	0	260	60	45	10	1375