



## FRUIT ICE CREAM WITH JOYLIFE FRUTTANATURA 50 VEGAN

### RECIPE TO MAKE A FRUIT ICE-CREAM

#### FRUIT ICE CREAM WITH JOYPASTE

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##### INGREDIENTS

WATER	g 1000
SUGAR	g 270
JOYLIFE FRUTTANATURA 50 VEGAN	g 50-60
JOYPASTE IN THE CHOSEN FRUIT	g 100
JOYPLUS PROSOFT	g 45-50

##### PREPARATION

Dry mix JOYLIFE FRUTTANATURA 50 VEGAN and sugar.

Add all other ingredients and mix them with an immersion blender.

Let the mixture rest for about 15 minutes and then whisk.

#### STEP 2

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##### PREPARATION

##### TO MAKE YOUR FRUIT ICE CREAMS

You can make your fruit ice creams using:

- only our JOYPASTE (without using any fruit) as shown in this recipe
- our JOYPASTE with fruit pulp or puree
- only fruit, pulp or puree

Download the PDF of the recipe where you will find ingredients and balancing to make fruit ice creams for all tastes.

Discover our range of [flavouring pastes JOYPASTE](#)

#### AMBASSADOR'S TIPS

To subtract the same amount of sugar in the recipe, use fruit purée only with 10% of sugar.

# Fruit ice-creams with Joylife Fruttanatura 50 Vegan - Recipe with JOYPASTE

Fruit	Water	Milk	Sugar	Joylife Fruttanatura 50 Vegan	Joypaste	Lemon juice	Joyplus Prosoft	TOTAL WEIGHT
Apricot	1000	0	270	50	100	0	50	1470
Sour cherry	1000	0	270	50	100	0	50	1470
Pineapple	1000	0	270	50	100	0	50	1470
Watermelon	1000	0	270	50	100	0	50	1470
Orange	1000	0	270	60	100	0	45	1475
Sicily red orange	1000	0	270	60	100	0	45	1475
Banana	0	1000	230	50	100	10	20	1410
Blackcurrant	1000	0	270	50	100	0	50	1470
Strawberry	1000	0	270	50	100	0	50	1470
Wildberries	1000	0	270	50	100	0	50	1470
Kiwi	1000	0	270	50	100	0	45	1465
Raspberry	1000	0	270	50	100	0	45	1465
Lime	1000	0	270	60	100	0	50	1480
Lemon	1000	0	270	60	100	0	50	1480
Tangerine	1000	0	270	60	100	0	45	1475
Mango	1000	0	270	50	100	0	50	1470
Green apple	1000	0	270	50	100	0	50	1470
Melon	1000	0	270	50	100	0	50	1470
Blueberry	1000	0	270	50	100	0	45	1465
Blackberry	1000	0	270	50	100	0	45	1465
Passion Fruit	1000	0	270	50	100	0	45	1465
Pear	1000	0	270	50	100	0	50	1470
Peach	1000	0	270	50	100	0	50	1470
Pink grapefruit	1000	0	270	60	100	0	50	1480

# Fruit ice-creams with Joylife Fruttanatura 50 Vegan

## Recipe with JOYPASTE and fresh fruit

Fruit	Fresh fruit	Water	Milk	Sugar	Joylife Fruttanatura 50 Vegan	Joyplus Prosoft	Joypaste	Lemon juice	TOTAL WEIGHT
Apricot	400	600	0	250	50	40	50	5	1395
Sour cherry	400	600	0	260	50	45	50	0	1405
Pineapple	400	600	0	240	50	40	50	0	1380
Watermelon	1000	0	0	240	50	45	50	0	1385
Orange	550	450	0	230	60	45	50	5	1390
Sicily red orange	550	450	0	230	60	45	50	5	1390
Banana	400	300	200	200	50	35	50	10	1245
Blackcurrant	400	600	0	270	50	50	50	5	1425
Strawberry	400	600	0	250	50	45	50	5	1400
Wildberries	400	600	0	250	50	45	50	5	1400
Kiwi	400	600	0	250	50	45	50	0	1395
Raspberry	400	600	0	245	50	40	50	5	1390
Lime	300	700	0	290	60	45	50	0	1445
Lemon	300	700	0	290	60	45	50	0	1445
Tangerine	550	450	0	230	60	40	50	5	1385
Mango	400	600	0	235	50	40	50	5	1380
Green apple	400	600	0	290	50	50	50	10	1450
Melon	400	600	0	240	50	45	50	0	1385
Blueberry	400	600	0	250	50	50	50	5	1405
Blackberry	400	500	0	250	50	50	50	5	1305
Passion Fruit	400	600	0	250	50	45	50	0	1395
Pear	400	600	0	240	50	45	50	10	1395
Peach	400	600	0	250	50	50	50	5	1405
Pink grapefruit	550	450	0	245	50	45	50	5	1395

# Fruit ice-creams with Joylife Fruttanatura 50 Vegan - Recipe with only fresh fruit

Fruit	Fresh fruit	Water	Milk	Sugar	Joylife Fruttanatura 50 Vegan	Joyplus Prosoft	Lemon juice	TOTAL WEIGHT
Apricot	550	450	0	250	50	40	5	1345
Sour cherry	500	500	0	200	50	25	5	1280
Pineapple	550	450	0	230	50	40	5	1325
Watermelon	1000	0	0	270	50	40	5	1365
Orange	600	400	0	260	60	40	10	1370
Sicily red orange	600	400	0	260	60	40	10	1370
Banana	500	300	200	220	50	35	10	1315
Blackcurrant	500	500	0	275	50	45	10	1380
Strawberry	550	450	0	260	50	45	10	1365
Wildberries	500	500	0	260	50	45	10	1365
Kiwi	550	450	0	265	50	40	5	1360
Raspberry	500	500	0	260	50	35	10	1355
Lime	300	700	0	310	60	45	0	1415
Lemon	300	700	0	310	60	45	0	1415
Tangerine	550	450	0	255	60	40	10	1365
Mango	500	500	0	240	50	35	5	1330
Green apple	550	450	0	295	50	60	10	1415
Melon	650	350	0	240	50	35	5	1330
Blueberry	500	500	0	270	50	45	10	1375
Blackberry	500	500	0	280	50	40	10	1380
Passion Fruit	550	450	0	260	50	40	0	1350
Pear	550	450	0	250	50	40	10	1350
Peach	550	450	0	270	50	45	10	1375
Pink grapefruit	600	400	0	260	60	45	10	1375