



# FRUIT POPSICLES DOUBLE FLAVOUR

## STEP 1

### INGREDIENTS

JOYQUICK FRAGOLA	g 1.250
LUKEWARM WATER	g 3.750

### PREPARATION

Choose the combination of flavours for the insert and the exterior, for example strawberry (**JOYQUICK STRAWBERRY**) combined with lemon (**JOYQUICK LEMON**).

**Preparation of the mixtures:**

Mix **JOYQUICK** with water, mix with hand blender and let the mixture rest for 5 minutes.

Prepare the strawberry insert by pouring the mixture in suitable moulds for inserts, insert the stick and put in a blast chiller until complete hardening. Unmould, pour the lemon mixture in a suitable mould filling it by two thirds, then place the frozen strawberry insert. Put again in the blast chiller until complete hardening, then unmould.

## STEP 2

### INGREDIENTS

JOYQUICK LIMONE	g 1.250
LUKEWARM WATER	g 3.750