

GLUTEN FREE CHOCOLATE CIABATTINA BREAD

DOUGH

INGREDIENTS		PREPARATION
PANE PIZZA & FOCACCIA GLUTEN FREE	g 1000	-Mix water and milk and slightly heat up to 30°C.
WATER - AT 30°C	g 400	-Mix all the ingredients except for PEPITE DI CIOCCOLATO at medium speed in a planetary
MILK 3.5% FAT - AT 30°C	g 500	mixer fitted with paddle for 5 minutes. Place PEPITA FONDENTE 600 in the refrigerator for at
SALT	g 30	least 3-4 hours before use and add them at the end.
YEAST	g 60	-Sprinkle with the mix or with rice, buckwheat or corn flour covering the entire surface. Roll out
CINNAMON POWDER	g 2	the dough creating a 30x30 square.
CASTER SUGAR	g 50	-Break it creating cubes of about 5x5 cm.
PEPITA FONDENTE 600	g 350	-Place on trays and let it rise at 30°C with relative humidity of 70% for about 1 hour.
		-Bake at 220-230°C with plenty of steam for 18-20 minutes.
		ADVICES:
		-It is very important that PEPITE DI CIOCCOLATO are very cold. Otherwise, once added to the
		dough they will melt and colour the dough with consequent loss of consistency and the final
		result won't be ideal.
		-It is possible to replace milk with the same dose of water.
		-It is possible to add to the basic recipe 100 gr of corn or buckwheat flour.

