

CROISSANTS (PANDORA)

PASTRY LEAVENED PRODUCTS FOR BREAKFAST

DIFFICULTY LEVEL

CROISSANT DOUGH		
INGREDIENTS		PREPARATION
PANDORA	g 1000	Knead PANDORA, yeast and water until you obtain a velvet smooth dough.
FRESH YEAST	g 50	Shape the dough into a ball, cover it with a cloth and let it rest for 10 minutes at room
WATER - AT 20°C	g 400-420	temperature.

LAMINATED DOUGH

INGREDIENTS		PREPARATION
MARBUR CROISSANT 20%	g 300	Roll out the dough into a rectangular layer, lay MARBUR CROISSANT onto a half and fold so
		that the other half cover the first and the sheet of butter is completely enclosed in the dough.
		Seal the edges well.
		Roll out in order to shape the dough into a rectangle again and make a 3-layer fold, then roll out
		again and make another 3-layer fold.
		Let the laminated dough rest for 10 minutes.

FINISHING

INGREDIENTS

EGGS

To Taste



FINAL COMPOSITION

Roll out the dough to 4 mm and cut it into triangles of the desidered weight.

Roll the triangles up well tight, from the base up, bend the tips in order to give them a crescent shape and place them onto trays.

Store into the proofer room for 60 minutes at 28-30°C with relative humidity of the 80%.

Brush the croissants with beaten egg and bake at 200°C for about 20 minutes in a deck oven.

TIPS:

-It is recommended to bake before the rising is at its maximum.

