

SPONGE CAKE (SFRULLA)

WHIPPED DOUGH

DIFFICULTY LEVEL B B





STEP 1

INGREDIENTS		PREPARATION
SFRULLA	g 1000	Whip all the ingredients in a planetary mixer with the whisk attachment for 8-10 minutes.
EGGS - AT ROOM TEMPERATURE	g 600	
WATER	g 200	

FINAL COMPOSITION

Grease and flour the baking trays, then cast the batter in. Bake at 180-200°C in a conventional oven.

