



VITAMAIS BREADSTICKS

BREADSTICKS

INGREDIENTS

VITAMAIS	Kg 10
WATER	Kg 5-5.5
YEAST	g 300

PREPARATION

Knead all the ingredients in a spiral mixer for about 15 minutes.

Shape the dough into a long loaf, cover it and let it rise for 15-20 minutes at 22-24°C.

Cut the long loaf into strips of the desired weight and stretch each strip with your hands to shape it into a breadstick.

DECORATION

INGREDIENTS

MAIS DECO'	To Taste
------------	----------

FINAL COMPOSITION

Roll the breadstick into MAIS DECO', then let them rise at 28-30°C for about 30 minutes and bake at 220-230°C in a conventional oven.