

CROIDONUT RICH RECIPE

PASTRY LEAVENED PRODUCT FOR BREAKFAST

DIFFICULTY LEVEL B B





CROIDONUT DOUGH

INGREDIENTS		PREPARATION
CROIDONUT	g 1000	Knead CROIDONUT, water, egg, oil and yeast for 5-6 minutes, until the dough in well-combined
WATER - AT 5-10°C	g 300	but not yet completely smooth.
OIL	g 50	Refrigerate at 5°C for 2 hours.
EGGS	g 150	Roll out the dough into a rectanglular layer, lay MARBUR CROISSANT onto a half and fold so
YEAST	g 15-20	that the other half cover the first and the sheet of butter is completely enclosed in the dough.
MARBUR PLATTE	g 250	Seal the edges well.
		Roll out in order to shape the dough into a rectangle again and make a 3-layer fold, then repeat
		this step. Let the dough rest for 10-15 minutes, roll it out again into a rectangle and make
		another 3-layer fold, in order to make three 3-layer folds in total.
		Let the laminated dough rest for 10-15 minutes before working it.
		After the rest time, roll the laminated dough to 12-15mm, then cut into 9-10cm diameter discs.
		Cut out a smaller round with 3.5-4 cm of diameter in the middle of each disc, in order to form a
		donut shape.
		Put into the proofer room for about 2 hours at 26-28°C, with relative humidity of about the 70%.



CREAMY FILLING

 INGREDIENTS
 PREPARATION

 TOP CREAM
 g 400
 Pour TOP CREAM into the mixture of water and cream and vigorously mix with a whisk

 WATER
 g 800
 immediately after.

 LIQUID CREAM 35% FAT
 g 400

COATING AND DECORATION

INGREDIENTS

FONDANT SOFT To Taste

CHOCOSMART CIOCCOLATO - HEATED TO 30°
To Taste

FRYING

INGREDIENTS

FRITTOIL To Taste

FINAL COMPOSITION

Fry the croidonuts in FRITTOIL at 180-190°C for 1 minute for each side.

Cut each croidonut in two or three layers and fill them with the creamy filling.

Glaze the top of the sweets with FONDANT SOFT or CHOCOSMART and serve the croidonuts when still lukewarm to enjoy them most.

