

FRUIT TARTARE WITH MELON PARFAIT AND SUMMERY SAUCE

PLATED DESSERT

DIFFICULTY LEVEL B B B







MELON PARFAIT

INGREDIENTS		PREPARATION
TENDER DESSERT g 1	140	Beat all the ingredients at medium speed in a planetary mixer with a whisk attachment, until you
LIQUID CREAM 35% FAT g 5	500	obtain a slightly whipped mixture.
JOYPASTE MELONE g 4	45	Pour into a sphere shaped silicone mould.
		Put in the blast chiller at -30°C, then remove from mould and store the frozen dessert at -18°C.

FRUIT TARTARE

INGREDIENTS		PREPARATION
FRUTTAMIA GEL	g 60	Mix the dry ingredients and add them to the boiling hot water.
WATER	g 300	Stir with a whisk, then add the diced fresh fruit mix.
SUGAR	g 150	Place a steel ring onto a plate, then cast the fruit in and refrigerate.
FRESH FRUIT - DICED	g 500	



SUMMERY SAUCE

INGREDIENTS		PREPARATION
FRUTTAMIA GEL	g 70	Mix the dry ingredients and add them to the boiling hot water.
WATER - BOILING HOT	g 150	Mix with a whisk, then combine orenge juice and JOYPASTE VANIGLIA MADAGASCAR/BOURBON.
SUGAR	g 300	Refrigerate.
ORANGE JUICE	g 400	
JOYPASTE VANIGLIA MADAGASCAR/BOURBON	g 4	

FINAL COMPOSITION

Remove the steel ring, pour the summery sauce around the fruit tartare and place the melon parfait in the center.



RECIPE CREATED FOR YOU BY **FABIO BIRONDI**

CHEF EXECUTIVE, PASTRY CHEF AND CHOCOLATIER

