

TROPICAL GEM

MOUSSE CAKE WITH TROPICAL FLAVOUR

DIFFICULTY LEVEL B B







COCONUT BISCUIT

INGREDIENTS		PREPARATION
IRCA GENOISE	g 500	Whip all the ingredients in a planetary mixer with the whisk attachment for 10 minutes at medium
EGGS - AT ROOM TEMPERATURE	g 600	speed.
GRANCOCCO	g 200	Evenly spread the whipped mixture into a 1-cm thick layer onto parchment paper sheets, then bake
		for 8 minutes at 210°C (closed valve).

TROPICAL JELLY

INGREDIENTS		PREPARATION
FRUTTIDOR TROPICAL - AT ROOM TEMPERATURE	g 400	Dissolve LILLY NEUTRO into water.
LILLY NEUTRO	g 100	Stir FRUTTIDOR in, then pour into a silicone mould for insert.
WATER - AT 40°C	g 100	Freeze until fully hardened.

CRUNCHY INSERT

INGREDIENTS		PREPARATION
PRALIN DELICRISP COCONTY - HEATED TO 30°C	To Taste	Spread PRALIN DELICIRSP into a thin layer between two sheets of parchment paper.
		Refrigerate for 1 hour.
		When cold, cut into a disc using a steel ring having the same diameter as that of the jelly insert.
		Refrigerate until you have to use it.



WHITE CHOCOLATE MOUSSE

INGREDIENTS		PREPARATION
LIQUID CREAM 35% FAT	g 800	Whip all the ingredients at medium speed in a planetary mixer, until the mousse gains a well airy
LILLY CIOCCOLATO BIANCO	g 160	structure.
WATER	g 240	

COATING

INGREDIENTS

MIRROR TROPICAL - HEATED TO 45°C

To Taste

FINAL COMPOSITION

Half-fill a silicone mould with the white chocolate mousse.

Place the frozen tropical jelly and the crunchy insert.

Cover with some more mousse and close with a layer of coconut biscuit.

Put int the blast chiller until completely frozen.

Unmould and coat with MIRROR TROPICAL.



RECIPE CREATED FOR YOU BY **FABIO BIRONDI**

CHEF EXECUTIVE, PASTRY CHEF AND CHOCOLATIER



