

# **TROPICAL GEM**

# MOUSSE CAKE WITH TROPICAL FLAVOUR



# COCONUT BISCUIT INGREDIENTS PREPARATION IRCA GENOISE g 500 Whip all the ingredients in a planetary mixer with the whisk attachment for 10 minutes at medium EGGS - AT ROOM TEMPERATURE g 600 speed. GRANCOCCO g 200 Evenly spread the whipped mixture into a 1-cm thick layer onto parchment paper sheets, then bake for 8 minutes at 210°C (closed valve).

### **TROPICAL JELLY**

INGREDIENTS		PREPARATION
FRUTTIDOR TROPICAL - AT ROOM TEMPERATURE	g 400	Dissolve LILLY NEUTRO into water.
LILLY NEUTRO	g 100	Stir FRUTTIDOR in, then pour into a silicone mould for insert.
WATER - AT 40°C	g 100	Freeze until fully hardened.

### **CRUNCHY INSERT**

INGREDIENTS		PREPARATION
PRALIN DELICRISP COCONTY - HEATED TO 30°C	To Taste	Spread PRALIN DELICIRSP into a thin layer between two sheets of parchment paper.
		Refrigerate for 1 hour.
		When cold, cut into a disc using a steel ring having the same diameter as that of the jelly insert.
		Refrigerate until you have to use it.



### WHITE CHOCOLATE MOUSSE

INGREDIENTS		PREPARATION
LIQUID CREAM 35% FAT	g 800	Whip all the ingredients at medium speed in a planetary mixer, until the mousse gains a well airy
LILLY CIOCCOLATO BIANCO	g 160	structure.
WATER	g 240	

### COATING

### **INGREDIENTS**

MIRROR TROPICAL - HEATED TO 45°C

To Taste

## FINAL COMPOSITION

Half-fill a silicone mould with the white chocolate mouss
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Place the frozen tropical jelly and the crunchy insert.

Cover with some more mousse and close with a layer of coconut biscuit.

Put int the blast chiller until completely frozen.

Unmould and coat with MIRROR TROPICAL.



## RECIPE CREATED FOR YOU BY FABIO BIRONDI

CHEF EXECUTIVE, PASTRY CHEF AND CHOCOLATIER



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