



EXOTIC

TROPICAL MINGNON DELICACIES

DIFFICULTY LEVEL



COCONUT WHIPPED SHORTCRUST PASTRY

INGREDIENTS

UNSALTED BUTTER 82% FAT - SOFTENED

EGG YOLK

TOP FROLLA

GRATED COCONUT

g 500

g 80

g 1000

g 160

PREPARATION

Whip all the ingredients in a planetary mixer with the paddle attachment, until you get a uniform whipped batter.

Fill a silicone mould for mignon savarin with the whipped batter and level the edges to remove any excess.

Bake at 180°C for about 12/15 minutes.

CREME ANGLAISE FOR CREMEUX

INGREDIENTS

MILK 3.5% FAT

LIQUID CREAM 35% FAT

EGG YOLK

SUGAR

g 100

g 100

g 40

g 10

PREPARATION

Bring milk and cream to boil in the microwave or in a pot on the stove, meanwhile, beat the egg yolks with the sugar in a separate bowl.

When boiling, combine the two mixture.

Continue to cook, stirring from time to time, until the creme reaches the 82°C.

MANGO CREMEUX

INGREDIENTS

| | |
|--|-------|
| CREME ANGLAISE - HOT | g 250 |
| LILLY NEUTRO | g 25 |
| FRUTTIDOR MANGO | g 300 |
| RENO CONCERTO CIOCCOLATO BIANCO 31,4% - MELTED AT 45°C | g 150 |

PREPARATION

Pour all the ingredients into a high and tight container and emulsify with an immersion blender.

Fill the silicone moulds for mignon savarin and freeze.

COATING AND DECORATION

INGREDIENTS

| | |
|------------------------------------|----------|
| COCOA BUTTER VELVET SPRAY - YELLOW | To Taste |
| MIRROR TROPICAL | To Taste |

FINAL COMPOSITION

Spray the frozen cremeux savarins with the yellow cocoa butter velvet-effect spray.

Place the creme savarins onto the shortcrust savarins and fill the hollow with MIRROR.



RECIPE CREATED FOR YOU BY MATTEO REGHENZANI

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