

# **REVERSE PAIN AU CHOCOLAT**

## FRENCH CLASSIC DOUGH

INGREDIENTS		PREPARATION
DOLCE FORNO MAESTRO	g 2500	Knead all the ingredients for approximately 20 minutes until you obtain a smooth and velvety dough
FULL-FAT MILK (3,5% FAT)	g 1000	with a soft consistency.
SALT	g 25	Form a dough and leave for 40 minutes for the leavening to begin which will then be stopped by
JOYPASTE VANIGLIA MADAGASCAR/BOURBON	g 20	flattening the dough.
FRESH YEAST	g 120	Divide the dough in two and then follow a positive blast chilling cycle to have a better result during the
		peeling phase.

## COCOA DOUGH

INGREDIENTS		PREPARATION
DOLCE FORNO	g 685	Mix all the ingredients except the butter, cocoa and water which should be added when the dough is
FULL-FAT MILK (3,5% FAT)	g 275	almost finished.
SALT	7	Knead until you obtain a smooth and consistent dough.
FRESH YEAST	g 33	The proportion between colored pasta and mash is 1 to 4 (in this case 450g of colored pasta and
CACAO IN POLVERE	g 50	1800g of mash, the weight of the flat butter is not taken into account.
WATER	g 40	
UNSALTED BUTTER 82% FAT	g 40	



#### LAMINATION

#### PREPARATION

Flake a pastry with a 500 g slab of butter and make a simple indentation, then give 1 fold at 3, then 1 fold at 4.

Leaf the second dough with the same quantity of butter but give 2 folds to 4. (dough on which the colored dough will be placed).

Let it rest for at least 30 minutes in the refrigerator.

### **REVERSE LAMINATION**

#### **PREPARATION**

Place the colored pasta on the puffed dough with a 2 by 4 fold.

Lower the dough to a height of 2-3 cm.

Cut strips of dough 4-5mm thick

Lightly moisten the surface of the puffed dough with folds 3 and 4 and place the previously cut strips

of dough on the surface until it is completely covered.

Leave to rest for another 30 minutes in the fridge before proceeding to shape the pain au chocolate.

#### **FILLING**

#### **INGREDIENTS**

CHOCOBAKE CHOCOLAT To Taste

BARRETTE FONDENTE To Taste



### FINAL COMPOSITION

Laminate the dough with a sheeter to a thickness of 4mm

Cut 8x16cm rectangles and place 2/3 bars and roll up (keeping the decorated part in contact with the counter).

Place the pain au chocolat on trays and place in a leaving room at a temperature of 26°C with relative humidity of approximately 70% for 4 hours. cook at 155°C for 25 minutes.

Once baked, polish them while still hot with a saturated syrup (60-40).



## RECIPE CREATED FOR YOU BY FRANCESCO MAGGIO

CHOCOLATIER AND PASTRY CHEF

