

SAINT HONORE' 3 PESTI

REINTERPRETATION OF THE CLASSIC CAKE, ALSO LIGHTENED BY THE FRESH FLAVOR OF LEMON AND ALMOND

DIFFICULTY LEVEL B B







LEMON PAIN DE GENES

INGREDIENTS		PREPARATION
MOGADOR PREMIUM	g 200	Mix the mogador premium with the sugar and eggs in a mixer.
SUGAR	g 90	Sift the powders Add all the other ingredients and continue mixing Bake in a 30cmx40cm pan, at 180
EGGS	g 230	degrees for approximately 15 minutes.
TYPE 00 WHITE FLOUR	g 60	cool and cup 1 disc with a diameter of 16 cm
VIGOR BAKING	g 5	spread a crunchy layer of Pralin Delicrisp Blanc
SEED OIL	g 60	
FULL-FAT MILK (3,5% FAT)	g 50	
JOYPASTE VANIGLIA MADAGASCAR/BOURBON	g 5	
PROFUMI D'ITALIA LEMON	g 100	
PRALIN DELICRISP BLANC	To Taste	

PESTO DI NOCCIOLA NAMELAKA

INGREDIENTS		PREPARATION
FULL-FAT MILK (3,5% FAT)	g 200	bring milk, glucose and neutral lilly to a light boil.
GLUCOSIO	g 10	mix with the white chocolate and joypaste until completely emulsified
SINFONIA CIOCCOLATO BIANCO 33%	g 280	add the cream while continuing to mix
LIQUID CREAM	g 250	pour approximately 150g into the diameter 14 silicone inserts and blast chill
LILLY NEUTRO	g 55	
JOYPASTE PESTO DI NOCCIOLA ITALIA	g 80	



PESTO DI PISTACCHIO NAMELAKA

INGREDIENTS		PREPARATION
FULL-FAT MILK (3,5% FAT)	g 200	bring milk, glucose and neutral lilly to a light boil.
GLUCOSIO	g 10	mix with the white chocolate and joypaste until completely emulsified
SINFONIA CIOCCOLATO BIANCO 33%	g 280	add the cream while continuing to mix
LIQUID CREAM	g 250	pour approximately 150g into the 14 diameter silicone inserts on top of the previous layer and blast
LILLY NEUTRO	g 55	chill
JOYPASTE PESTO DI PISTACCHIO	g 80	

PESTO DI MANDORLA MOUSSE

INGREDIENTS		PREPARATION
LIQUID CREAM	g 500	semi-whip the cream with water and neutral lilly, delicately incorporate the joypaste, pour into the
WATER	g 100	18cm diameter mold lined with the Osier decorative strip by Silikomart, insert the insert, close with
LILLY NEUTRO	g 100	more mousse and the layer of almond biscuit.
JOYPASTE PESTO DI MANDORLA	g 150	

LEMON AND MASCARPONE NAMELAKA

INGREDIENTS		PREPARATION
LILLY NEUTRO	g 36	heat the juice with glucose and neutral lilly, mix with the chocolate, then add cream and mascarpone.
SINFONIA CIOCCOLATO BIANCO 33%	g 270	pour into the Silikomart saint honore 280 topper mould
LEMON JUICE	g 186	
GLUCOSIO	g 20	
LIQUID CREAM	g 150	
MASCARPONE CHEESE	g 150	



CHOCOLATE SPRAY

INGREDIENTS SINFONIA CIOCCOLATO AL LATTE 38% BURRO DI CACAO PREPARTION g 100 mix the cocoa butter with the milk chocolate to spray the body of the cake at 30 degrees, and the cocoa butter with the white chocolate to spray the cake topper at 30 degrees.

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INGREDIENTS		PREPARATION
DELI CHOUX	Kg 1	mix in a planetary mixer for approximately 15 minutes
WATER	g 1500	let it rest in the refrigerator for a few hours
		dress the cream puffs on a baking tray and cook at 180 degrees for approximately 15 minutes, with
		initial steam and the valve open at the end of cooking.
		fill with the namelakes whipped after crystallization, and decorate with a dome of tempered chocolate.
		for a perfect shape we recommend cooking the cream puffs with craquelin.





FINAL COMPOSITION

spray the cake with milk chocolate and white chocolate spray mass, arrange the filled and decorated cream puffs around it, place the Dobla decoration in the center

if you want to make mignon cubes:

VARIANT WITH ONLY 1 BISQUIT: place the bisque covered with white delicrisp pralin + 5% seed oil in a 30cmx30cm frame, pour 700g of namelaka with almond pesto, 700g namelaka with hazelnut pesto (make the namelaka recipe like the others), 700g of namelaka with pistachio pesto, spray with 300g of Blitz + 270g pistachio sinfonia chocolate + 100g water, all mixed hot and first left to rest for a few hours, then sprayed at 50 degrees, cool after each layering, blast chill and cut at -11 degrees.



RECIPE CREATED FOR YOU BY **DAVIDE LISTA**

PASTRY CHEF

