SPRING TART



SHORTCRUST PASTRY

INGREDIENTS		PREPARATION
TOP FROLLA	g 500	mix
UNSALTED BUTTER 82% FAT	g 200	all the ingredients in the planetary mixer with
CONFECTIONER'S SUGAR	g 50	leaf until you get a well dough
EGGS	g 50	amalgamated Put between two sheets of paper from
		oven and roll out to a thickness of 1 5 mm,
		blast chilled then cut into strips
		and lining the micro-perforated rings for
		single portions, with the cookie cutter print the
		base and cook on a micro-perforated tray
		170

degrees for 15 minutes



RASPBERRY AND STRAWBERRY JELLY

INGREDIENTS		PREPARATION
RASPBERRIES PURÉE	g 125	Mix
STRAWBERRY PURÉE	g 125	the Lilly Neutro with pulp
WATER	g 25	heated in microwave Mix with a
LILLY NEUTRO	g 50	hand blender until a mixture is obtained
		homogeneous Pour into silicone molds a
		hemisphere Ø 4 cm/ 3 cm and freeze
		Unmould and gelatinize before placing
		in the center of the tartlet

FINANCIER WHITE CHOCOLATE AND ALMONDS

INGREDIENTS		PREPARATION
AVOLETTA	g 500	Mix and sift the powders
FLOUR	g 50	avoletta, flour, corn starch and
VIGOR BAKING	g 3	baking). melt the chocolate,
CORNSTARCH	g 30	insert the soft butter e
EGG WHITES	g 370	make a ganache. Merge the
UNSALTED BUTTER 82% FAT	g 80	powdered egg whites then
SINFONIA CIOCCOLATO BIANCO 33%	g 150	add the ganache . Knock down
		on baking sheet lined with parchment paper
		oven and cook at 180 180°C for 12
		about 15 minutes



CARAMEL FILLING

INGREDIENTS PREPARATION

TOFFEE D'OR CARAMEL

To Taste arrange a thin layer of toffe d'or caramel on the bottom of the tartlet

WHITE CHOCOLATE AND MASCARPONE NAMELAKA

INGREDIENTS		PREPARATION
FULL-FAT MILK (3,5% FAT)	g 500	Warm up
GLUCOSIO	g 20	slightly fresh milk with the
LILLY NEUTRO		glucose, add the Lilly Neutral then the
SINFONIA CIOCCOLATO BIANCO 33%	g 330	white chocolate and make a ganache
MASCARPONE CHEESE	g 300	Insert the mascarpone and finally the cream
FRESH CREAM	g 750	at a temperature of about 55°C
JOYPASTE VANIGLIA MADAGASCAR/BOURBON	g 25	obtain a liquid mixture to be matured
		in the fridge for a whole night The day
		following, whip lightly in the planetary mixer
		with whip



SOFT COMPOTE OF LIME AND LEMON

PREPARATION INGREDIENTS g 300 LIME JUICE Mix LEMON JUICE g 300 juices with syrup g 15 GRATED LIME ZEST invert sugar, the basil leaves and the 8 BASIL zests Mix the mixture and bring to g 125 **ZUCCHERO INVERTITO** 5050°C Add the sugar mixed with g 125 CASTER SUGAR the rice starch Bring to the boil, cook for RICE STARCH g 65 2 minutes, cool

FINAL COMPOSITION

Pour into the bottom of the tartlet a thin layer of
Toffee D'Or Caramel, place a disk of
Financier then get flush with the tartlet with the soft compote of lime and lemon. Set up lightly the namelaka and make a daisy a six petals on a sheet of acetate (keep the same diameter of the tartlet). With another sheet of acetate, lightly crush the daisy (to flatten it) and break down into the negative. Unmold and spray with neutral jelly. Place on the tartlet and finish with the hemisphere of raspberry and strawberry jelly arranged in the center.





RECIPE CREATED FOR YOU BY **OMAR BUSI**

PASTRY CHEF AND CHOCOLATIER

