



TORCADE (DOLCE FORNO)

LEAVENED PRODUCT FOR BREAKFAST

DIFFICULTY LEVEL



CROISSANT DOUGH

INGREDIENTS

DOLCE FORNO

g 2500

MILK 3.5% FAT

g 1000

SALT

g 25

JOYPASTE VANIGLIA MADAGASCAR/BOURBON

g 15

YEAST

g 120

PREPARATION

Knead all the ingredients for about 20 minutes until a smooth and velvety dough, with a soft texture, is obtained

Make a dough and let it rest for 40 minutes so that the leavening starts, and then stop it by flattening the dough.

Make a positive blast chilling cycle in order to get a better result during the bending phase. Place the butter in the middle and fold over the dough.

LAMINATION

INGREDIENTS

BUTTER-PLATTE

g 1000

PREPARATION

Roll out the dough with a 1000 g butter plate and fold it over, then make 1 fold to 3, then 1 fold to 4. Let it rest in the fridge for 20-30 minutes.

FILLING

INGREDIENTS

WATER

g 1000

EMILY CREAM

g 400-450

PREPARATION

Mix EMILY CREAM and water with a whisk

FILLING

INGREDIENTS

PEPITA FONDENTE 1100

To Taste

FINAL COMPOSITION

Roll the dough at the thickness of about 3-4 mm.

Spread the custard over the entire surface of the dough, sprinkle with PEPITA 1100 and overlap the dough. Cut 2 cm wide strips and make a braid.

Put to rise for about 3-4 hours at 26°C .

Cook at 160-165°C in a convection oven for 15-18 minutes



RECIPE CREATED FOR YOU BY MATTEO REGHENZANI

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