

TORCADE (DOLCE FORNO)

LEAVENED PRODUCT FOR BREAKFAST

DIFFICULTY LEVEL B B





CROISSANT DOUGH

INGREDIENTS		PREPARATION
DOLCE FORNO	g 2500	Knead all the ingredients for about 20 minutes until a smooth and velvety dough, with a soft texture, is
MILK 3.5% FAT	g 1000	obtained
SALT	g 25	Make a dough and let it rest for 40 minutes so that the leavening starts, and then stop it by flattening
JOYPASTE VANIGLIA MADAGASCAR/BOURBON	g 15	the dough.
YEAST	g 120	Make a positive blast chilling cycle in order to get a better result during the bending phase. Place the
		butter in the middle and fold over the dough.

LAMINATION

INGREDIENTS		PREPARATION
BUTTER-PLATTE	g 1000	Roll out the dough with a 1000 g butter plate and fold it over, then make 1 fold to 3, then 1 fold to 4
		Let it rest in the fridge for 20-30 minutes.

FILLING

INGREDIENTS		PREPARATION
WATER	g 1000	Mix EMILY CREAM and water with a whisk
EMILY CREAM	g 400-450	



INGREDIENTS

PEPITA FONDENTE 1100 To Taste

FINAL COMPOSITION

Roll the dough at the thickness of about 3-4 mm.

Spread the custard over the entire surface of the dough, sprinkle with PEPITA 1100 and overlap the dough. Cut 2 cm wide strips and make a braid.

Put to rise for about 3-4 hours at 26°C.

Cook at 160-165°C in a convection oven for 15-18 minutes



RECIPE CREATED FOR YOU BY MATTEO REGHENZANI

PASTRY CHEF

