

VEGAN NUT TART

SIMPLE YET DELICIUOS VEGAN TART

DIFFICULTY LEVEL B B







VEGAN SHORTCRUST

INGREDIENTS		PREPARATION
FLOUR - ALL POURPOSE	g 220	Mix all the ingredients in a planetary mixer with paddle until a homogeneous consistency is obtained.
CORNSTARCH	g 50	Cool in the refrigerator for an hour, roll to 3mm thickness and fill the small tart molds.
SUGAR	g 90	
VIGOR BAKING	g 6	
SEED OIL	g 70	
PLANT BASED MILK - SOY	g 70	

DRIED NUTS FILLING

INGREDIENTS		PREPARATION
SUGAR	g 250	Make a caramel by cooking the sugars together with the water.
ZUCCHERO INVERTITO	g 40	Deglaze with the cream and add the dried fruit.
WATER	g 55	Allow the mixture to cool on silicone sheets.
ALMONDS	g 100	
PISTACCHIO PELATO INTERO	g 100	
NOCCIOLE INTERE TOSTATE	g 175	
100% VEGETABLE CREAM - BOILING	g 125	



INGREDIENTS

CIOCCOLATO VEGAN DF - CRISTALIZED AT 28°C JOYPASTE NOCCIOLINA

g 165 g 135 **PREPARATION**

Mix the ingredients, crystallize at 24°C and store in a piping bag.

FINAL COMPOSITION

Fill the tartlet with the dried fruit filling and cook at 180°C for about 15 minutes.

Leave to cool and unmold.

Decorate with tufts of peanut cremino.



RECIPE CREATED FOR YOU BY FEDERICO VEDANI

CHOCOLATIER AND PASTRY CHEF

